

# Briar Program

## Family Information Sessions



### FAMILY INFORMATION SESSIONS

Join us for an informal and supportive opportunity to ask questions and learn more.

When: Held every other Thursday

Where: Zoom

Time: 4:00pm-5:00pm

Please email Julie for zoom link.

[Julie.Crenshaw@aurorabehavioral.com](mailto:Julie.Crenshaw@aurorabehavioral.com)

### **Supporting Recovery. Supporting Families. Supporting Hope.**

*Las Encinas Hospital invites families and loved ones to learn more about the Briar Program, a residential recovery program designed to help individuals build stability, healing, and long-term wellness.*

#### What Is the Briar Program?

The Briar Program provides a structured and supportive residential environment for individuals recovering from substance use challenges. Our compassionate team focuses on healing the whole person – emotionally, mentally, and physically – while helping families understand the recovery journey.

#### What Families Will Learn

- How residential treatment works
- What to expect during recovery
- Ways families can support healing
- Communication and coping strategies
- Available resources and aftercare support
- How to begin the admission process

#### Who Should Attend?

- Parents and caregivers
- Spouses and partners
- Family members and loved ones
- Anyone supporting someone struggling with substance use



#### You Are Not Alone

Recovery is a journey best supported together. Our team is here to guide families with compassion, education, and hope.