



THE FACILITY

With the peaceful San Gabriel Mountains as a backdrop, Las Encinas Hospital is located on 25 acres of lush gardens in the historic City of Pasadena.

Our facility offers a tranquil therapeutic environment amongst unique architecture and historic oak trees. The spacious grounds include a tennis court, dining room, swimming pool and spa, fitness room and multiple leisure areas. Private rooms available at additional cost. Most insurance plans accepted. Medicare and MediCal provider.

OUR MISSION

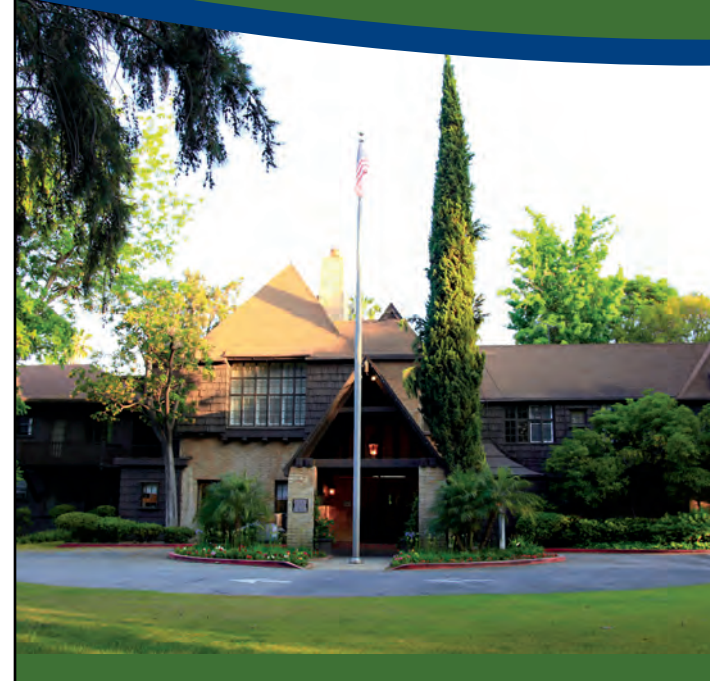
The Mission of Las Encinas Hospital is provide the finest care in the finest setting; serving as a community resource by providing compassionate, safe, ethical and high quality mental health and addiction medicine treatment to individuals and families in need. We are committed to providing a continuum of services that allow individualized treatment in the least restrictive and most appropriate level of care, in the most confidential environment. We respect all spiritual and cultural beliefs of the communities we serve.

Las Encinas Hospital is accredited by The Joint Commission and licensed by the State of California, Department of Health Services.



For driving directions, please call
(626) 356-2681
or visit our website for a map:
www.lasencinashospital.com

Las Encinas Hospital
2900 E. Del Mar Blvd.
Pasadena, CA 91107



LAS ENCINAS HOSPITAL

- The Briar Program -
The Finest Care in the Finest Setting

Free Assessments
1-800-792-2345
Available 24 hours a day

2900 E. Del Mar Blvd. + Pasadena, CA 91107
Phone (626) 795-9901 + Fax (626) 792-2919
lasencinashospital.com



Las Encinas Hospital provides a wide range of mental health and chemical dependency treatment services for adolescents and adults.

The hospital was founded in 1904, and is committed to fostering a sense of optimism and hope for all who come. We embrace the treatment philosophy of our founder, Dr. James McBride:

*Non Est Vivere Sed Valere Vita
Not just to live, but to enjoy living*



Licensed by the State of California as a Chemical Dependency Recovery Hospital, the Briar Program is an extended-stay facility specializing in the treatment of alcohol and drug dependency.

This level of care is appropriate for people who have significant disruptions in their lives, including loss of job or school, destruction of intimate relationships, estrangement or difficulties with family members and/or isolation due to alcohol and/or other drug use.

- ✓ Safe comfortable, healing environment
- ✓ Medical detox available
- ✓ Physician-led treatment team
- ✓ Assessments available 24/7
- ✓ In-Network provider for most insurance plans
- ✓ Self pay and payment plans accepted

SERVICES OFFERED

The Briar Program

. . . takes a holistic view of addiction, incorporating interventions to promote healing in one's core aspects of physical, mental, emotional and spiritual health.

- Focus groups with Chemical Dependency Services Director/Addictionologist
- Variety of psychotherapy, psychoeducational and chemical dependency education groups
- 1-on-1 consultations with addictionologist
- Customized treatment plan designed to help you meet your goals
- Therapeutic exercise activities such as yoga, tai chi, tennis, volleyball, swimming and basketball
- Variety of evidence-based therapies including cognitive-behavioral therapy (CBT), mindfulness practice, art therapy, music therapy, and horticulture therapy

- Education for the client's support network
- Spiritual exploration with community guests
- Peer-led Recovery Book Club
- Aftercare/Recovery lecture groups

DAILY SCHEDULE

The following is a typical Briar Program schedule:

7:00 - 7:30 am	Wake up
7:30 - 8:00 am	Goals Group
8:00 - 9:00 am	Exercise
9:00 - 10:00 am	Breakfast / Personal Time
10:00 am - 12:30 pm	Focus Group / Process Group Sessions with break
12:30 - 1:30 pm	Lunch
1:30 - 2:15 pm	Recovery Education
2:15 - 2:45 pm	Break
2:45 - 3:45 pm	Recreation Therapy / Horticulture Therapy / Art Therapy
3:45 - 4:00 pm	Break
4:00 - 5:00 pm	Recovery Skills
5:00 - 6:00 pm	Dinner
6:00 - 7:00 pm	Assignments / 1 on 1
7:00 - 9:00 pm	AA Workshop
9:00 - 9:30 pm	Wrap-up Group
9:30 - 11:00 pm	Self Time / Program Assignments
11:00 pm	Lights out

To inquire about an admission, please call,

1-800-792-2345

Available 24 hours a day